



MONDAY 1		TUESDAY 2		WEDNESDAY 3		THURSDAY 4		FRIDAY 5	
Cinn Tst Crunch 1 c	String Cheese	Granola, 1/4 c	Straw. Yogurt	Kix, 1.25 c	String Cheese	Fr Toast, 2 ea	Syrup		
Fruit Cocktail	Orange Juice	Peaches	Fruit Punch	Pineapple, Crsh	Apple Juice	Stewed Apples	Orange Juice		
Hot Dog w/Bun, Turkey		Teriyaki Chicken		Beef BBQ Rib		Sloppy Joe			
Broccoli		Green Beans		Green Peas		Glazed Carrots			
Roasted Sweet Potato		Corn		Parsley Potatoes		Cabbage			
^WW Bun		Brown Rice, 1 cup		Wheat Roll		^WW Bun			
Pineapple, Crushed		Pears		Mandarin Oranges		Peaches			
8		9		10		11		12	
Cinn Tst Crunch 1 c	String Cheese	Granola, 1/4 c	Straw. Yogurt	Kix, 1.25 c	String Cheese	Fr Toast, 2 ea	Syrup		
Fruit Cocktail	Orange Juice	Peaches	Fruit Punch	Pineapple, Crsh	Apple Juice	Stewed Apples	Orange Juice		
Baked Chicken Leg, 1 ea		Baked Beef Spaghetti		BBQ Chicken		Beef, Hamburger			
Corn		Cabbage		Broccoli		Green Peas			
Green Beans		Glazed Carrots		Baked Beans (no pork)		Parsley Poatoes			
Brown Rice, 1 cup		Wheat Roll		Brown Rice, 1 cup		Wheat Bun			
Mandarin Oranges		Applesauce		Pears		Fruit Cocktail			
15		16		17		18		19	
Cinn Tst Crunch 1 c	String Cheese	Granola, 1/4 c	Straw. Yogurt	Kix, 1.25 c	String Cheese	Fr Toast, 2 ea	Syrup		
Fruit Cocktail	Orange Juice	Peaches	Fruit Punch	Pineapple, Crsh	Apple Juice	Stewed Apples	Orange Juice		
Hot Dog w/Bun, Turkey		Teriyaki Chicken		Beef BBQ Rib		Sloppy Joe			
Broccoli		Green Beans		Green Peas		Glazed Carrots			
Roasted Sweet Potato		Corn		Parsley Potatoes		Cabbage			
^WW Bun		Brown Rice, 1 cup		Wheat Roll		^WW Bun			
Pineapple, Crushed		Pears		Mandarin Oranges		Peaches			
22		23		24		25		26	
Cinn Tst Crunch 1 c	String Cheese	Granola, 1/4 c	Straw. Yogurt	Kix, 1.25 c	String Cheese	Fr Toast, 2 ea	Syrup		
Fruit Cocktail	Orange Juice	Peaches	Fruit Punch	Pineapple, Crsh	Apple Juice	Stewed Apples	Orange Juice		
Baked Chicken Leg, 1 ea		Baked Beef Spaghetti		BBQ Chicken		Beef, Hamburger			
Corn		Cabbage		Broccoli		Green Peas			
Green Beans		Glazed Carrots		Baked Beans (no pork)		Parsley Poatoes			
Brown Rice, 1 cup		Wheat Roll		Brown Rice, 1 cup		Wheat Bun			
Mandarin Oranges		Applesauce		Pears		Fruit Cocktail			
29		30		31					
Cinn Tst Crunch 1 c	String Cheese	Granola, 1/4 c	Straw. Yogurt	Kix, 1.25 c	String Cheese				
Fruit Cocktail	Orange Juice	Peaches	Fruit Punch	Pineapple, Crsh	Apple Juice				
Hot Dog w/Bun, Turkey		Teriyaki Chicken		Beef BBQ Rib					
Broccoli		Green Beans		Green Peas					
Roasted Sweet Potato		Corn		Parsley Potatoes					
^WW Bun		Brown Rice, 1 cup		Wheat Roll					
Pineapple, Crushed		Pears		Mandarin Oranges					

1% unflavored milk or nonfat chocolate milk served Daily for Breakfast & Lunch

2-week cycle menu

no pork

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